



# APPROVED ACTIVITY PROVIDERS



**YOUTH  
WITHOUT  
LIMITS**

[DofE.org](http://DofE.org)



# Volunteering with Approved Activity Providers



Approved Activity Providers (AAPs) are organisations whose Volunteering section opportunities have been approved by the DofE as meeting our sectional conditions and can count towards the achievement of a DofE Award.

AAPs are able to provide Assessors and sign off the section. The DofE has approved that these opportunities meet DofE sectional requirements; please note it is the responsibility of the participant's parent/carer to evaluate the safeguarding and health and safety policies the organisation has, to ensure the safety of their child. For more information please go to [DofE.org/leaders/safeguarding](https://www.dofe.org/leaders/safeguarding). The DofE can give no assurances as to the financial stability of an AAP.

➔ For a full list of Volunteering AAPs go to: [DofE.org/opportunity-finder/approved-activity-provider](https://www.dofe.org/opportunity-finder/approved-activity-provider).

➔ For a list of volunteering opportunities: [DofE.org/opportunity-finder/opportunity-for-DofE-participant](https://www.dofe.org/opportunity-finder/opportunity-for-DofE-participant).

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King's College Hospital NHS Foundation Trust  
Kissing It Better  
NHS Fife  
Revitalise Respite Holidays  
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Sanctuary Care  
St Barnabas Hospice (Lincolnshire)  
St Barnabas Hospice (Sussex)  
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# HELPING PEOPLE



## Barnardo's

Barnardo's transforms the lives of the most vulnerable children, young people and families across the UK. We are only able to do this through the contribution provided by our volunteers in Retail, Children's Services and Fundraising. Full training, induction and guidance will be provided, whatever opportunity you decide upon.

### POSITION 1: RETAIL VOLUNTEER

**Minimum age:** 14+

**Where it takes place:** Charity shops - Nationwide

**Brief description of the role:** Barnardo's has over 600 shops across the UK, which are all looking for amazing volunteers. We have roles that include customer service, sorting donations and merchandising.

### POSITION 2: CHILDREN'S SERVICES VOLUNTEER

**Minimum age:** Dependent on role

**Where it takes place:** Nationwide

**Brief description of the role:** Barnardo's runs a wide variety of children's services across the UK. You can make a difference by volunteering in one of our group settings or taking on a range of tasks, such as administration or marketing.

### POSITION 3: FUNDRAISING VOLUNTEER

**Minimum age:** 13+

**Where it takes place:** Nationwide

**Brief description of the role:** Are you passionate about raising money to support the most vulnerable children? Undertake a variety of fundraising activities which could include marathon running, cake sales or awareness raising.

#### CONTACT:

Email: [volunteering@barnardos.org.uk](mailto:volunteering@barnardos.org.uk)

[barnardos.org.uk/get-involved/volunteer/dofe](http://barnardos.org.uk/get-involved/volunteer/dofe)



## Friends of Moorfields

A volunteer-led charity that has been running for 60 years, focused on providing emotional and physical support to patients.

### POSITION: FRIENDS VOLUNTEER

**Minimum age:** 16

**Where it takes place:** Various Moorfields sites across London including City Road, St. George's and Croydon.

**Brief description of the role:** As a volunteer for the Friends of Moorfields you will be responsible for ensuring that every patients' experience of Moorfields is as comfortable as it can be by leading and guiding patients, hand-holding patients having surgery and assisting the Pharmacy and A&E department.

#### CONTACT:

Telephone number: 02072511240

Email: [moorfields.friends@nhs.net](mailto:moorfields.friends@nhs.net)

[friendsofmoorfields.org.uk/what-we-do/volunteering](http://friendsofmoorfields.org.uk/what-we-do/volunteering)



## Imperial Health Charity

As the dedicated charity for Imperial College Healthcare NHS Trust, we help our hospitals do more through grants, arts, volunteering and fundraising.

Our activities provide extra support for hardworking hospital staff, while improving the care that patients receive – above and beyond what the Trust can achieve with NHS funding alone.

### **POSITION: YOUTH VOLUNTEERING PROGRAMME VOLUNTEER**

**Minimum age: 16**

**Where it takes place:** West London. Charing Cross hospital (W6), Hammersmith hospital and Queen Charlotte's & Chelsea hospital (W12), St Mary's hospital and Western Eye hospital (W2).

**Brief description of the role:** Volunteers play a key role in supporting our patients from the front door to our clinics and outpatient areas and within our wards in a variety of roles. We are looking for volunteers who are aged 16+ and who can commit to a regular volunteering across at least six months.

#### **CONTACT:**

Email: [volunteering@imperialcharity.org.uk](mailto:volunteering@imperialcharity.org.uk)  
[imperialcharity.org.uk/volunteering](http://imperialcharity.org.uk/volunteering)

## King's College Hospital NHS Foundation Trust



King's is one of London's largest and busiest teaching hospitals working across multiple sites. At King's our volunteers play a key role in our hospitals ensuring that patients have good experience whilst in our care.

### **POSITION: YOUTH VOLUNTEERING**

**Minimum age: 16**

**Where it takes place:** King's College Hospital, Denmark Hill, Princess Royal University Hospital, Farnborough, Orpington Hospital.

**Brief description of the role:** Our volunteers provide support through diverse roles ranging from befrienders on our wards and in our outpatient clinics, acting as guides for patients and visitors, reminding patients of appointments, sitting with those who may be at risk of falls and providing pastoral care through our chaplaincy.

Volunteers also assist by helping us to recruit volunteers in the community as well as raising awareness of the service. Additionally, volunteers can act as assessors in our recruitment sessions and even help with our Patient Entertainment Portal Programme.

#### **CONTACT:**

[kch.nhs.uk/about/get-involved/volunteering](http://kch.nhs.uk/about/get-involved/volunteering)



## Kissing It Better

Kissing It Better is a healthcare charity that offers supported volunteering opportunities so you can use your talents to light up the day for older people in hospitals and care homes.

### **POSITION: YOUNG VOLUNTEER**

**Minimum age: 14+**

**Where it takes place: Nationwide**

**Brief description of the role:** KiB offer a range of volunteering opportunities to create meaningful intergenerational connects.

- Supervised zooms into care homes, hospitals or the homes of people living on their own.
- Training in a variety of different activities that you can use towards your volunteering hours.
- Masterclasses, with guest speakers, for those interested in a career in healthcare and other careers linked to communication.
- Direct connections to care homes, where you can make and create items that will be sent to the residents or volunteer in person.  
...and so much more!

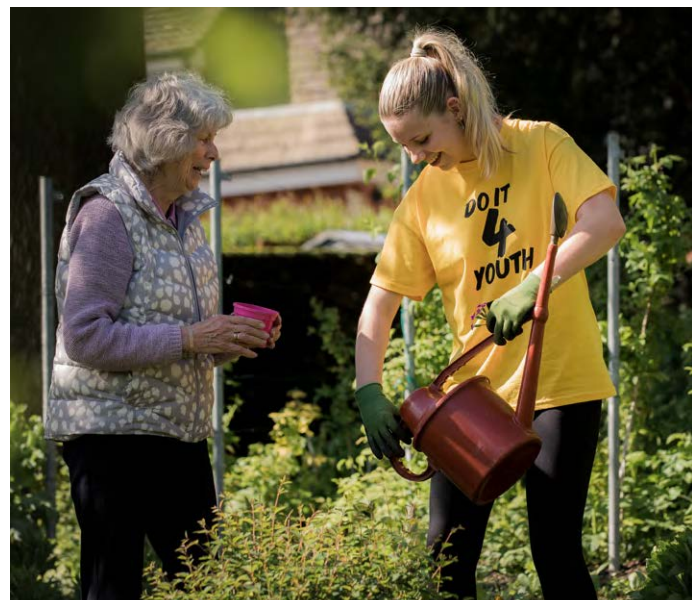
All our virtual volunteering sessions are designed to broaden your understanding of the many challenges of old age. We hope this will help you support and connect with older people in your community. And we know it will benefit you, especially if you're keen to pursue a career in healthcare.

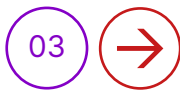
#### **CONTACT:**

Telephone number: 01789 488018

Email: [kristy@kibmail.co.uk](mailto:kristy@kibmail.co.uk)

[kissingitbetter.co.uk/get-involved/volunteer](http://kissingitbetter.co.uk/get-involved/volunteer)





## VOLUNTEERING WITH APPROVED ACTIVITY PROVIDERS HELPING PEOPLE



### NHS Fife

NHS Fife is one of 14 territorial NHS Health Boards in Scotland. The organisation provides healthcare to a population of more than 370,000 and currently employs around 8,500 staff.

**POSITION: VARIOUS**

**Minimum age: 16**

**Where it takes place:** Hospital sites throughout Fife; Victoria Hospital Kirkcaldy, Queen Margaret Hospital Dunfermline, Glenrothes Hospital, Adamson Hospital, Cupar, Cameron Hospital, Leven and St Andrews Hospital.

**Brief description of the role:** There are a huge number of volunteer opportunities within NHS Fife from play volunteers to meet and greet helpers. Volunteering brings a great sense of satisfaction, knowing that you are benefitting others whilst bringing new experiences to you own life as well as gaining new skills.

**CONTACT:**

Telephone number: 01592 643 355 extension 20797

Email: [fife.volunteers@nhs.scot](mailto:fife.volunteers@nhs.scot)

[nhsfife.org/get-involved/volunteering/youth-volunteering](https://nhsfife.org/get-involved/volunteering/youth-volunteering)



### Revitalise Respite Holidays

We are a national charity of 60 years providing brilliant holidays and experiences for disabled people and carers.

**POSITION: VOLUNTEER**

**Minimum age: 16**

**Where it takes place:** In one of our two fully-accessible holiday centres — Sandpipers in Southport and Jubilee Lodge in Essex.

**Brief description of the role:** Socialising with our guests, taking them out into the local areas, joining our day trips to places nearby, and taking part in activities and entertainment. Providing support around the centre as needed.

**CONTACT:**

Telephone number: 0303 303 0145

Email: [ukvolunteer@revitalise.org.uk](mailto:ukvolunteer@revitalise.org.uk)

[revitalise.org.uk/support-us/volunteer/the-duke-of-edinburghs-award](https://revitalise.org.uk/support-us/volunteer/the-duke-of-edinburghs-award)



### Rotary GB&I

Rotary is full of people who love making a positive difference in communities at home and overseas. Armed with ideas, skills and enthusiasm, we make great things happen.

**POSITION: INTERACTOR**

**Minimum age: 12-18**

**Where it takes place: Nationwide**

**Brief description of the role:** Interactors are super young people who work together to help others. Whether finding a way to support orphans overseas or volunteering in the local area, the Interactors will create the idea and be supported by their local Rotary.

**CONTACT:**

Telephone number: 01789 765411

Email: [cds@rotarygbi.org](mailto:cds@rotarygbi.org)

[www.rotarygbi.org/projects/young-people/interact/](https://www.rotarygbi.org/projects/young-people/interact/)



### Royal Voluntary Service

RVS is one of Britain's largest volunteering organisations supporting people's health, happiness and wellbeing wherever we're needed most. Our volunteers provide a helping hand in the NHS and in local communities.

**POSITION 1: CAFE AND SHOP VOLUNTEERS**

**Minimum age: 14+**

**Where it takes place: Hospitals (Nationwide)**

**Brief description of the role:** Volunteers are needed to support our hospital shops, cafes and tea bars, by serving refreshments and helping to create a welcoming space for patients, NHS staff and visitors. In this role you will gain retail and / or catering experience while supporting people at a time they need it most. Any opportunities suitable for 14+ are highlighted as such.

**POSITION 2: COMMUNITY VOLUNTEER**

**Minimum age: 14+**

**Where it takes place: Community Nationwide**

**Brief description of the role:** Volunteers are needed to support our community-based services including our Centres as well as our lunch and social clubs. We have a wide variety of opportunities across the country that will help you gain valuable skills while providing support to people when they may need it most. Any opportunities suitable for 14+ are highlighted as such.

**CONTACT:**

Telephone number: 0845 608 0122

[royalvoluntaryservice.org.uk/opportunities](https://royalvoluntaryservice.org.uk/opportunities)





## Sanctuary Care

Sanctuary Care is a non-profit organisation that operates more than 100 care homes in England and Scotland. Our focus is on providing exceptional residential, nursing, and respite care for elderly individuals. Our primary goal is to ensure that our residents experience the most enjoyable and memorable time possible. We firmly believe that everyone deserves to live a life that is both joyful and fulfilling, and we are dedicated to making that a reality.

**POSITION: VOLUNTEER BEFRIENDER****Minimum age: 13+****Where it takes place: England and Scotland**

**Brief description of the role:** You won't be responsible for direct resident care, but you'll be there to offer some extra support. You can make their home even cosier by simply chatting, listening, or reading together. You can also run errands or go on quick walks together, and of course, join in on the fun activities like games and singing. It's a fantastic opportunity for those wanting to make a meaningful difference and create wonderful connections.

**CONTACT:**

Telephone number: 01905 335 539 / 07551471631

Email: [care.volunteer@sanctuary.co.uk](mailto:care.volunteer@sanctuary.co.uk)[sanctuary-care.co.uk/jobs/job-roles/volunteering](https://sanctuary-care.co.uk/jobs/job-roles/volunteering)

## St Barnabas Hospice (Lincolnshire)

St Barnabas Hospice is a local independent charity that supports more than 9,000 people across Lincolnshire. They deliver free, high-quality, compassionate end-of-life care and support to adults living with a life limiting or terminal illness, their family and carers.

**POSITION: RETAIL VOLUNTEER****Minimum age: 14+****Where it takes place: Lincolnshire**

**Brief description of the role:** You'll provide excellent service to customers who purchase from and donate to our shops. You'll also rotate and restock items for sale as well as following pricing guidelines. You'll represent and pass on information about hospice services and help the retail department support the work of the Hospice.

**CONTACT:**

Telephone number: 01522 518221

Email: [volunteering@stbarnabashospice.co.uk](mailto:volunteering@stbarnabashospice.co.uk)[stbarnabashospice.co.uk/get-involved/volunteer](https://stbarnabashospice.co.uk/get-involved/volunteer)

## St Barnabas Hospice (Sussex)

St Barnabas House is an independent charitable hospice in Worthing, Sussex, looking after adults who are approaching the end of their lives. We also run four charity shops locally.

**POSITION 1: COMMUNITY COMPANION****Minimum age: 18+****Where it takes place: Sussex**

**Brief description of the role:** You will help by visiting and befriending in the local community. If you are interested in a career in health, medicine or just like being with people, this could be a fantastic, well-supported opportunity for you.

**POSITION 2: CHARITY SHOP VOLUNTEER****Minimum age: 16+****Where it takes place: Sussex**

**Brief description of the role:** We welcome volunteers from the age of 16 upwards to help in our charity shops in Worthing, Arun, Adur and Henfield.

**CONTACT:**

Telephone number: 01903 706316

Email: [volunteers@stbh.org.uk](mailto:volunteers@stbh.org.uk)[stbarnabas-hospice.org.uk/volunteer](https://stbarnabas-hospice.org.uk/volunteer)



## The Cinnamon Trust

The Cinnamon Trust is the only national charity that helps older people and the terminally ill with their pets. The Trust has 20,000 animal loving volunteers who offer their time to help others. In communities across the country, our volunteers walk thousands of dogs every day! Our goal is to make sure that an owner has all the help they need to stay with their pet and to know that their furry, feathered or any beloved companion is in safe hands.

### POSITION 1: DOG WALKING VOLUNTEER

**Minimum age: 16 to register independently,**  
**Under 16's can accompany a registered adult volunteer**  
**as a 'young volunteer'**

**Where it takes place:** Within a volunteer's own community,  
 within a travel distance that they are comfortable getting  
 to/from

**Brief description of the role:** Walking the companion pet of  
 an older or terminally ill dog owner who is unable to exercise  
 their dog themselves.

#### CONTACT:

Telephone number: 01736 757900  
 Email: [hello@cinnamon.org.uk](mailto:hello@cinnamon.org.uk)  
[cinnamon.org.uk/volunteers/](http://cinnamon.org.uk/volunteers/)



## The Felix Project

Felix is London's food redistribution charity

### POSITION 1: WAREHOUSE ASSISTANT

**Minimum age: 18+**

**Where it takes place:** Four venues in South, East, North and  
 West London

**Brief description of the role:** Help us get good food to the  
 people who need it! As a Warehouse Assistant you will be  
 at the core of our operations: picking orders for charities,  
 sorting food and helping keep our warehouse in good nick.

### POSITION 2: KITCHEN ASSISTANT

**Minimum age: 16**

**Where it takes place:** Poplar & Felix's Kitchen  
 (East London) Unit 12 & 14, Thomas Road Industrial Estate,  
 Poplar E14 7BN

#### CONTACT:

Telephone number: 020 3034 4350  
 Email: [volunteer@thefelixproject.org](mailto:volunteer@thefelixproject.org)  
[thefelixproject.org/help-us/volunteer-london](http://thefelixproject.org/help-us/volunteer-london)







## The Orders of St. John Care Trust (OSJCT)

OSJCT is a not-for-profit organisation providing high quality care and support services to older people. Our range of care services includes residential, nursing and specialist dementia care, day care services, intermediate and respite care. We have over 60 care homes across Lincolnshire, Wiltshire, Oxfordshire and Gloucestershire.

### **POSITION: VOLUNTEER ACTIVITIES ASSISTANT**

**Minimum age:** You must be 16 to volunteer in a care home although remote volunteering projects are available for those aged 14

**Where it takes place:** In one of our care homes (we have 60 across Wiltshire, Gloucestershire, Lincolnshire and Oxfordshire)

**Brief description of the role:** The young people who volunteer with us usually bring their own skills and experiences to the home to share with our residents. This could be a musical talent, a passion for art or any other activity they enjoy doing. Whatever your interest, there is bound to be a resident or two who shares it and would be delighted to chat with you. Doing your DofE with us provides you with a great opportunity to learn from the older generation and for them to learn from you. You'll be amazed how many of our residents have learnt to surf with the help of a DofE volunteer!

### **CONTACT:**

Email: [volunteer@osjct.co.uk](mailto:volunteer@osjct.co.uk)  
[osjct.co.uk/volunteer-us](http://osjct.co.uk/volunteer-us)



## The Organic Cookery School

A not-for-profit community cookery school providing young people, families and vulnerable adults with accessible and fun cookery programmes and volunteering opportunities.

### **POSITION 1: COMMUNITY CHEF VOLUNTEERING PROGRAMME**

**Minimum age:** 13+

**Where it takes place:** In your local community

**Brief description of the role:** Calling all foodies! Our Community Chef Volunteering programme offers you the opportunity to share your love of cooking with food banks, homeless shelters and soup kitchens in your local community. You can also make a difference by using your volunteering hours to bake or prepare meals for elderly / sick neighbours or organise fundraising bake sales for your favourite charity or good cause.

Includes accredited level two food hygiene training and full support from our friendly assessors over three, six, twelve or eighteen months.

### **CONTACT:**

Email: [dofe@organiccookeryschool.org](mailto:dofe@organiccookeryschool.org)

[organiccookeryschool.org/duke-of-edinburghs-award-approved-volunteering-opportunities-community-chef-award](http://organiccookeryschool.org/duke-of-edinburghs-award-approved-volunteering-opportunities-community-chef-award)







## Another Way

Another Way is a youth-led environmental education charity aiming to empower people to live with kindness towards our planet.

Our flagship Power of 10 Movement aims to build a community of resilient young climate leaders across the U.K., hosted through an online platform and app. Events, workshops and resources empower young people to lead, inspire and create climate action initiatives at all levels of society. We also offer workshops on a range of environmental topics created by young people and teacher resources.

### POSITION 1: REGIONAL REPS

**Minimum age: 11**

**Where it takes place:** Placed-based with the opportunity to travel

**Brief description of the role:** The Power of 10 Ambassador program is a unique opportunity to get involved with the only project that is empowering all young people to take their passion for planet and turn into action for change in all areas of society.

Our ambassadors go through a journey of skills development; from running your own community campaign, helping to run our podcast, creating inspiring resources and all the way up to exhibiting at high profile climate-based events.

The Ambassador program aims to equip you with the confidence and skillset to become a leader and inspire others through your actions to make small changes to live with more compassion towards our planet.

We focus on creating and empowering young climate leaders through the programme with accredited training for professional skills, by providing workshops, resources and mentorship.

Whatever your passion or whatever you currently excel at, we will help you to harness this and help you to become an ambassador - not just the Power of 10 but for the planet too. So, join us by being an ambassador for the biggest digital platform for resources for change and be the change that you want to see.

### CONTACT:

Email: [azam@another-way.org.uk](mailto:azam@another-way.org.uk)

**Another Way - Let's Fix Our Future and our Planet's Health**  
([another-way.org.uk](http://another-way.org.uk))





## Blue Cross

Blue Cross find happy homes for abandoned or unwanted pets and keep pets healthy by promoting welfare and providing treatment in their centres.

### **POSITION 1: RETAIL VOLUNTEER**

**Minimum age: 14+**

**Where it takes place: Charity shops - Nationwide**

**Brief description of the role:** Blue Cross shops have a wide range of volunteer roles including assisting customers in the shop, sorting donations and working on the till.

### **POSITION 2: REHOMING CENTRE ASSISTANT**

**Minimum age: Depending upon centre – contact for more information**

**Where it takes place: Nationwide**

#### **CONTACT:**

Telephone number: 0300 777 1897

[bluecross.org.uk/volunteering-as-part-of-dofe](http://bluecross.org.uk/volunteering-as-part-of-dofe)



## British Trust for Ornithology

The British Trust for Ornithology (BTO) is a UK charity that focuses on understanding birds and, in particular, how and why bird populations are changing. Our vision is a world where people are inspired by birds and informed by science.

### **POSITION: CITIZEN SCIENTIST**

**Minimum age: 11**

**Where it takes place: At home / online**

**Brief description of the role:** As a BTO Citizen Scientist, you will go out and collect data about the birds and wildlife in your surroundings and upload it to the national database. You can do this in your garden, a local green space, a balcony or even on your walk to school. You'll learn more about identifying wildlife, and about the importance of collecting data.

#### **CONTACT:**

Telephone number: 01842750050

Email: [youth@bto.org](mailto:youth@bto.org)

[bto.org/about-bto/bto-youth](http://bto.org/about-bto/bto-youth)







## Canal & River Trust

No other charity brings so much free, open and accessible and green space to the doorsteps of so many.

We care for a 2,000-mile-long, 200-year-old network of canals, rivers, reservoirs and docks because we believe that life is better by water.

Our story as a charity is rooted in the history of the waterways themselves. Our vision is to have living waterways that transform places and enrich our lives, for today and generations to come.

### **POSITION: YOUNG VOLUNTEER**

**Minimum age:** No minimum age but under 16s must be accompanied by a parent / guardian / group leader

**Where it takes place:** At various locations across England and Wales – we have opportunities onsite by the waterways as well as office based, roles at our visitor attractions / museums and digital / remote / self-directed opportunities.

**Brief description of the role:** Please see the volunteering pages on our website for a list of current opportunities.

#### **CONTACT:**

[canalrivertrust.org.uk/volunteer](https://canalrivertrust.org.uk/volunteer)



## Cats Protection

We share our lives with cats. They bring happiness to millions of us every day. Yet too many cats don't get the care and kindness they deserve. At Cats Protection we stand up for every cat. In every corner of the country our passionate volunteers, employees and supporters are using their kindness and expertise to make life better for millions of cats and the people who care for them.

### **POSITION 1: CAT CARE VOLUNTEER**

**Minimum age:** 14+

**Where it takes place:** Within our Adoption centres across the UK

**Brief description of the role:** As a cat care volunteer you will spend time directly with the cats and kittens; cleaning their pens, feeding, grooming and enriching their play time.

### **POSITION 2: RETAIL VOLUNTEER**

**Minimum age:** 16+

**Where it takes place:** Within our shops across England, Wales and Scotland

**Brief description of the role:** By assisting with the day to day running of our shops, you will be a key part in raising much needed money to support the great work of Cats Protection.

### **POSITION 3: FUNDRAISING VOLUNTEER**

**Minimum age:** 16+

**Where it takes place:** UK wide

**Brief description of the role:** Working in a team of friendly, enthusiastic volunteers, you will play a key part in raising money for the cats and kittens in our care and awareness through local fundraising events and activities.

#### **CONTACT:**

[cats.org.uk/support-us/get-involved-volunteering/dofe-cp](https://cats.org.uk/support-us/get-involved-volunteering/dofe-cp)



## RSPB

The RSPB is a UK charity working to secure a healthy environment for birds and all wildlife.

It is the largest nature conservation charity in the country, consistently delivering successful conservation, forging powerful new partnerships with other organisations and inspiring others to stand up and give nature the home it deserves.

### **POSITION: RSPB YOUNG VOLUNTEER**

**Minimum age: 14+**

**Where it takes place: UK Wide**

**Brief description of the role:** There are more than 12,000 fantastic volunteers and between them, they contribute almost one million hours every year! Our volunteering roles can be tailored to your skills, interests and circumstances.

You do not have to be an RSPB member to volunteer with us, you don't even have to be a bird or wildlife expert to volunteer for us. There are many ways you can get involved with our work. If you don't know a robin from a redwing, it really doesn't matter.

### **CONTACT:**

Email: [ukhqvolunteers@rspb.org.uk](mailto:ukhqvolunteers@rspb.org.uk)

[rspb.org.uk/get-involved/volunteering-fundraising/volunteer/about](https://rspb.org.uk/get-involved/volunteering-fundraising/volunteer/about)



## RSPCA

The RSPCA is the largest and oldest animal welfare charity around. We exist to inspire everyone to create a better world for every animal. Every day we change, lives, laws, industries and minds so all animals can live a better life.

### **POSITION: RSPCA DOFE VOLUNTEER**

**Minimum age: 14+**

**Where it takes place: At home/online**

**Brief description of the role:** Using our downloadable activity pack you will complete tasks at home and in your local community that will help you create a better world for animals. The tasks include helping wildlife in your local area through litter picking, helping the work of our Pet Food Banks, carrying our campaigning tasks to help change minds and doing a bit of fundraising.

### **CONTACT:**

Email: [dofe@rspca.org.uk](mailto:dofe@rspca.org.uk)

[rspca.org.uk/getinvolved/volunteer](https://rspca.org.uk/getinvolved/volunteer)







## The Conservation Volunteers

The Conservation Volunteers bring people together to create, improve and care for green spaces. From school grounds and hospital grounds to waterways, wetlands, and woodlands, we connect people to the green spaces that form a vital part of any healthy, happy community.

**POSITION: I DIG TREES VOLUNTEER**

**Minimum age: 16+**

**Where it takes place: London or Leeds**

**Brief description of the role:** Your tree planting programme will consist of four segments of approximately three months each:

Firstly, you will spend time getting to know TCV and our tree planting initiative, I Dig Trees. You will then find a community organisation to carry out a tree planting day with.

Next, you will spend a day with TCV to see what a tree planting day looks like in action. You can then take this experience and implement it by carrying out your tree planting day with your partner organisation.

After a successful tree planting, you'll spend some more time with TCV learning about tree maintenance which you'll then pass on to the caretaker of your planted trees.

Finally, having experienced the initiative first hand, you will carry out a small fundraising activity that will go towards I Dig Trees.

### CONTACT:

Email: [supportus@tcv.org.uk](mailto:supportus@tcv.org.uk)

[tcv.org.uk/getinvolved/volunteering](http://tcv.org.uk/getinvolved/volunteering)



## YHA

The YHA provides budget accommodation for individuals, families, and groups. We aim to inspire all, especially young people, to broaden their horizons, gain knowledge and independence.

**POSITION: YHA VOLUNTEER**

**Minimum age: 14+**

**Where it takes place: YHAs in England and Wales**

**Brief description of the role:** YHA are inviting young people to volunteer! Roles at your local hostel include café work, reception, gardening and housekeeping. Roles at the national office include administration work and fundraising.

### CONTACT:

Telephone number: 01629 592562

Email: [volunteers@yha.org.uk](mailto:volunteers@yha.org.uk)

[groups.yha.org.uk/groups/duke-of-edinburgh-award](http://groups.yha.org.uk/groups/duke-of-edinburgh-award)





# COACHING, TEACHING & LEADERSHIP



## Action Tutoring

Children from lower-income families are less likely to achieve academically than their better-off peers. Action Tutoring is a charity that works to level the playing field.

**POSITION: VOLUNTEER MATHS / ENGLISH TUTORING**

**Minimum age: 18**

**Where it takes place:** Face-to-face opportunities are available in Birmingham, Bristol, Merseyside, Newcastle, Nottingham, Sheffield, London and Sussex. You can tutor online from anywhere in England, Scotland and Wales.

**Brief description of the role:** We are looking for volunteers to support pupils from disadvantaged backgrounds in Maths or English. As a volunteer, you'll:

- Work with 1-3 pupils to improve their English and Maths, either in-person or online
- Commit to a 10-20 week programme, for just one hour a week
- Support either primary or secondary school-aged pupils
- Use our tutor workbooks to shape your weekly sessions.

### CONTACT:

Telephone number: 0203 872 5894

Email: [volunteer@actiontutoring.org.uk](mailto:volunteer@actiontutoring.org.uk)

[actiontutoring.org.uk/get-involved/volunteer](http://actiontutoring.org.uk/get-involved/volunteer)



## Girlguiding UK

The UK's largest youth organisation dedicated completely to girls.

**POSITION: YOUNG EXTERNAL VOLUNTEER**

**Minimum age: 13**

**Where it takes place:** Groups across the UK

**Brief description of the role:** You'll get involved to help run fun weekly meetings with our adult leaders, where girls explore things that really matter in their lives. You could be building dens with 6-year-olds, discovering the wonders of space with 9-year-olds, or helping 12-year-olds create their own campaign. You could even grow your own leadership skills with our young leader development programme.

### CONTACT:

Email: [Programme@girlguiding.org.uk](mailto:Programme@girlguiding.org.uk) – sign up online to volunteer.

[girlguiding.org.uk/get-involved/become-a-volunteer/young-volunteers/young-external-volunteer](http://girlguiding.org.uk/get-involved/become-a-volunteer/young-volunteers/young-external-volunteer)





## Inclusive Skating

Inclusive Skating is a World-recognised Charity that provides events, activities, education and training for skaters with additional needs.

**POSITION: EVENTS VOLUNTEER**

**Minimum age: 16+**

**Where it takes place: UK wide & hybrid**

**Brief description of the role:** There are a range of volunteering opportunities available within Inclusive Skating, especially opportunities in which you could contribute prior to or during our events. Please get in touch with your skills or interests and we can match you with a suitable role.

### CONTACT:

Email: [community@inclusiveskating.org](mailto:community@inclusiveskating.org)  
& [contact@inclusiveskating.org](mailto:contact@inclusiveskating.org)

[inclusiveskating.org/get-involved/volunteer-opportunities](https://inclusiveskating.org/get-involved/volunteer-opportunities)



## Restless Development

We support the collective power of young people to solve the world's greatest challenges.

**POSITION: SCHOOLS TRIATHLON EVENT VOLUNTEER**

**Minimum age: 14+**

**Where it takes place:** Online and at one of the following locations in either April, May or June 2025:

- Royal Russell School, Croydon
- Charterhouse School, Surrey
- Cranleigh School, Guildford
- Clifton College, Bristol
- Bryanston School, Dorset
- Oundle School, Peterborough
- Sevenoaks School, Kent
- Marlborough College, Wiltshire
- Bradfield College, Reading
- Mill Hill School, Barnet
- Royal Hospital School, Ipswich
- Haileybury School, Hertfordshire

**Brief description of the role:** Come and volunteer at the largest sporting event for young people in the UK!

This volunteer programme will involve a number of online sessions where you'll learn practical skills to plan and then deliver your own fundraising event. It will also prepare you to volunteer at any one of our Schools Triathlons near to you. This is a fantastic opportunity to gain an insight into a large community fundraising event and learn the importance of fundraising in a fun and rewarding way.

### CONTACT:

Email: [volunteers@restlessdevelopment.org](mailto:volunteers@restlessdevelopment.org)

[restlessdevelopment.org](https://restlessdevelopment.org)

and

[schoolstriathlon.org/](https://schoolstriathlon.org/)



## Riding for the Disabled Association

At RDA, our horses and ponies provide therapy, achievement and enjoyment to people with disabilities all over the UK. Our network organises activities for up to 28,000 each year.

**POSITION: RDA VOLUNTEER**

**Minimum age: 12+**

**Where it takes place: At your local RDA group - nationwide**

**Brief description of the role:** Young people become RDA Volunteers for all sorts of reasons but there is one thing that brings us together: we believe it's what you CAN do that counts. We have a wide range of roles from supporting individuals with a disability to take part in riding, carriage driving or vaulting, to being part of the team behind the scenes at your local RDA group. Start your RDA volunteer journey through DofE and help transform lives.

### CONTACT:

Email: [volunteer@rda.org.uk](mailto:volunteer@rda.org.uk)  
[rda.org.uk/volunteer](http://rda.org.uk/volunteer)



## The Literacy Pirates

The Literacy Pirates is an educational charity that takes children on voyages as readers and writers. We develop the literacy, confidence and perseverance of children who are falling behind in class and have fewer opportunities in their personal lives, so that they can succeed at school and beyond.

Our after-school programmes, led by teachers, offer one to one and small group attention from trained volunteers, giving them the confidence to unfurl their sails. By welcoming them into our joyful spaces, publishing their work in the real world, and celebrating everything they do, we take children on adventures in learning and transform them into published authors!

**POSITION: LITERACY SUPPORT VOLUNTEER (CREWMATE)**

**Minimum age: 16+**

**Where it takes place: Online UK wide**

**Brief description of the role:** Providing one to one or small group reading and writing support to 9- to 13-year-olds with the guidance of a session leader.

### CONTACT:

Telephone number: 020 3327 1777  
Email: [volunteering@literacypirates.org](mailto:volunteering@literacypirates.org)  
[readingagency.org.uk/get-reading/volunteer/](http://readingagency.org.uk/get-reading/volunteer/)






**THE  
READING  
AGENCY**
**Summer Reading Challenge**

## The Reading Agency

Help us spread the joy of reading! At The Reading Agency, our vision is for a world where everyone is reading their way to a better life. Our annual Summer Reading Challenge takes place in libraries and encourages primary school children to have fun with reading over the holidays. They can read anything they like, and get rewards for reading. The Challenge is delivered by libraries and many are supported by volunteers.

**POSITION: SUMMER READING CHALLENGE VOLUNTEER**

**Minimum age:** Please check with your local library

**Where it takes place:** Libraries across the UK over the summer holidays

**Brief description of the role:** Opportunities vary between libraries, but include things like helping to run activities, handing out prizes, and talking to children about the books they've read. Contact your local library to ask about volunteering opportunities for this year's Summer Reading Challenge.

### CONTACT:

Email: Contact your local library – use the Library Finder to find yours: [summerreadingchallenge.org.uk/library-zone](http://summerreadingchallenge.org.uk/library-zone)

[readingagency.org.uk/about/volunteering.html](http://readingagency.org.uk/about/volunteering.html)





## Anthony Nolan

Anthony Nolan is the charity that makes lifesaving connections between people with blood cancer and amazing strangers who donate their stem cells. Every year, over 2,000 people begin the search for a matching stem cell donor who can save their life. With your help, we can recruit potential donors and raise the vital funds we need to cure their blood cancer.

### **POSITION 1: YOUTH AMBASSADOR**

**Minimum age:** 16

**Where it takes place:** UK wide

**Brief description of the role:** The Youth Ambassador programme gives you the chance to volunteer with one incredible goal in mind: Saving the lives of people with blood cancer. Volunteering as a Youth Ambassador consists of two three-month stages. For the first stage, you'll encourage people to go online and join our iconic stem cell register and hold your own presentation to spread the word. For the second, you'll rack up lifesaving funds to support our charity with an event of your choice.

#### **CONTACT:**

Telephone number: 0207 424 1343

Email: [ambassadors@anthonymolan.org](mailto:ambassadors@anthonymolan.org)

[anthonymolan.org/help-save-a-life/volunteer-find-your-lifesaving-role/youth-volunteering](https://anthonymolan.org/help-save-a-life/volunteer-find-your-lifesaving-role/youth-volunteering)



## Edukid

Edukid works with children living in extreme poverty in Asia, Africa and South America. We exist to break down the barriers to education that these children face. We do this by working with local communities to find sustainable models of addressing issues and establishing projects that link in with the United Nations Sustainable Development Goals.

As part of the DofE volunteering programme, you will explore your role as a global citizen and discover how you can make positive changes for those living in extreme poverty.

### **POSITION: GLOBAL CITIZEN**

**Minimum age:** no minimum

**Where it takes place:** Remote (from home)

**Brief description of the role:** Passionate about making the world a better place? Interested in equality and opportunity for every individual? Through volunteering with Edukid, we want to show you that you can make huge ripples of change, even within communities based overseas. You are a global citizen with the power to transform lives through relatively small actions. So, the next question is: how? Find out by enrolling with us, free of charge, from home and at your own pace!

#### **CONTACT:**

Telephone number: 01237 237086

Email: [dofeinfo@edukid.org.uk](mailto:dofeinfo@edukid.org.uk)

[edukid.org.uk/d-of-e](https://edukid.org.uk/d-of-e)





## GamCare

GamCare is the leading provider of information, advice and support for anyone affected by gambling harms. We operate the National Gambling Helpline, provide structured support for anyone who is harmed by gambling, create awareness about safer gambling and treatment, and encourage an effective approach to safer gambling within the gambling industry.

GamCare's Youth Advisory Board (YAB) are a group of young people from across the entire UK who meet weekly to ensure GamCare's work is relevant and meets the needs of young people.

### **POSITION: YOUTH ADVISORY BOARD VOLUNTEER**

**Minimum age: 11+**

**Where it takes place: Online via Zoom**

**Brief description of the role:** As a Youth Advisor, you have the opportunity to work with staff across the organisation, provide insights on our content, services and communication with young people, playing a vital role in ensuring the work we do is relevant and engaging. We do this through:

- Weekly video calls, where we discuss and create new ideas.
- Working alongside staff and directors regularly.
- Reviewing and editing the BigDeal website.
- Developing social media content and blogs.
- Being part of GamCare's recruitment process.
- Raising awareness by holding events and public speaking.
- Helping GamCare to connect with young people in an effective and engaging way.

### **CONTACT:**

Email: [YAB@gamcare.org.uk](mailto:YAB@gamcare.org.uk) or  
[ciaran.mcginley@gamcare.org.uk](mailto:ciaran.mcginley@gamcare.org.uk)  
[bigdeal.org.uk/yab/](http://bigdeal.org.uk/yab/)



## Surfers Against Sewage

Surfers Against Sewage is one of the UK's leading marine conservation and campaigning charities. We are made up of water lovers who protect the ocean from plastic and sewage pollution. We take action on the ground that triggers change at the top. Action from the beachfront, to the front-bench.

### **POSITION: MILLION MILE CLEAN VOLUNTEER**

**Minimum age: 14**

**Where it takes place: Remote, nationwide**

**Brief description of the role:** The Million Mile Clean welcomes over 100,000 volunteers each year to clean 1 million miles! You can help make a huge difference in your community whilst making a positive impact on the environment. Taking part in a clean is proven to be good for your mental and physical health and for the ocean.

Our DoFE students organise and carry out their own cleans, in their own time, using our resources. Choose whichever location suits you - beach, park, river, mountain or street, all cleans count! We'll send you a free kit and provide insurance and guidance for organising and running a clean.

Simply register EACH clean you do on our page here - <https://sas.org.uk/plastic-pollution/million-mile-clean/> and go the extra mile by taking part in our plastic pollution citizen science, and track all the items you find on your cleans, then upload the results here - <https://www.sas.org.uk/plastic-pollution/million-mile-clean/submit-your-results>

### **CONTACT:**

Email: [millionmileclean@sas.org.uk](mailto:millionmileclean@sas.org.uk)

[sas.org.uk/plastic-pollution/million-mile-clean](https://sas.org.uk/plastic-pollution/million-mile-clean)





# HELPING A CHARITY



## British Heart Foundation

Our vision is a world free from the fear of heart and circulatory diseases. We raise money to research cures and treatments to we can continue our lifesaving work

### POSITION 1: RETAIL VOLUNTEERING

**Minimum age: 16+**

**Where it takes place: Charity shops nationwide**

**Brief description of the role:** Volunteering with us is a great way to make new friends, get new skills and have fun. We have exciting and different volunteering roles to suit everyone.

### POSITION 2: FUNDRAISER

**Minimum age: 14+**

**Where it takes place: UK wide**

**Brief description of the role:** Do your own fundraising – decide on a fundraising activity and volunteer your time planning in the lead up to your fundraising event. Ideas include sponsored events such as walking or running and baking.

**Check out our 'Do your own thing' page for fundraising tips and resources at [bhf.org.uk/dyot](http://bhf.org.uk/dyot)**

#### CONTACT:

Telephone number: 0300 330 3322

Email: [dofe@bhf.org.uk](mailto:dofe@bhf.org.uk)

[bhf.org.uk/dofe](http://bhf.org.uk/dofe)

In partnership with



## British Red Cross

The British Red Cross is part of the largest humanitarian organisation in the world. The British Red Cross aim to help people, whoever and wherever they are, in times of a crisis.

### POSITION 1: RETAIL VOLUNTEERING

**Minimum age: 15+**

**Where it takes place: Charity Shop – UK wide**

**Brief description of the role:** Are you a rummager with a flair for finding hidden treasures? Or do you enjoy a chinwag and meeting new people? If the answer's yes, then volunteer in one of our shops.

### POSITION 2: ONLINE VOLUNTEERING PROGRAMME

**Minimum age: 14+**

**Where it takes place: UK wide**

**Brief description of the role:** Complete your volunteering section online using the British Red Cross online volunteering programme. The programme will help you build a timetable for your volunteering section, helping the British Red Cross through activities including; mapping humanitarian hotspots, fundraising, learning First Aid and sharing the power of kindness.

#### CONTACT:

Email: [GMountain@redcross.org.uk](mailto:GMountain@redcross.org.uk)

or contact your local shop

[redcross.org.uk/get-involved/volunteer](http://redcross.org.uk/get-involved/volunteer)



## DEBRA

DEBRA is the national charity that supports people living with the painful genetic skin condition Epidermolysis Bullosa (EB). We fund vital community support, specialist healthcare and pioneering research into treatments and a cure/s.

**POSITION: VOLUNTEER SHOP ASSISTANT**

**Minimum age: 14**

**Where it takes place: Nationwide, in over 100 of our retail stores**

**Brief description of the role:** The role will involve serving customers and using the computerised till to take payments for purchases, sorting donated stock, using a steaming appliance on donated clothes, and assisting the shop manager with any other task to keep the shop running efficiently.

### CONTACT:

Telephone number: 01698 424210

Email: [volunteering@debra.org.uk](mailto:volunteering@debra.org.uk)

[debra.org.uk/volunteer-as-part-of-your-duke-of-edinburgh-award](https://debra.org.uk/volunteer-as-part-of-your-duke-of-edinburgh-award)



## Oxfam

Oxfam is a global movement of people who share the belief that, in a world rich in resources, poverty isn't inevitable. It's an injustice which can, and must, be overcome.

**POSITION: YOUNG VOLUNTEER**

**Minimum age: 14 – 18**

**Where it takes place: In a local Oxfam Shop**

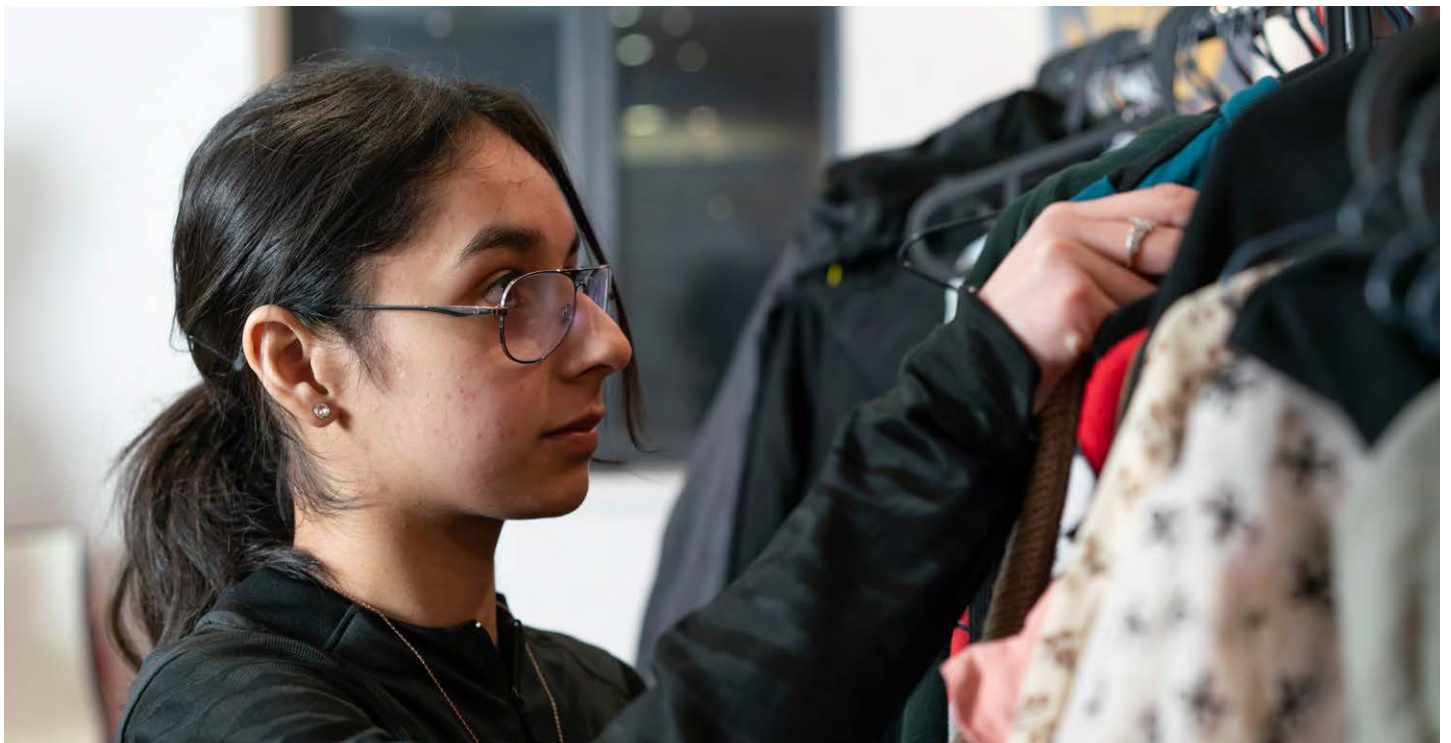
**Brief description of the role:** As a Young Volunteer we can boost your confidence and CV by teaching you all about what goes into making our fantastic shop thrive. You can keep busy in the stockroom sorting and checking donations or be on the shop floor, serving customers and putting stock out on sale. Or get involved with social media and online retail. Whatever suits you! Best of all you'll be raising vital funds to support people facing poverty around the world.

We will give you all the training and support you need so you will develop your skills as part of our team. You don't need to have any experience – we've got you covered. You can also get some lunch and travel costs too. Whatever you need, we're here to help.

### CONTACT:

Email: [givetime@oxfam.org.uk](mailto:givetime@oxfam.org.uk)

[oxfam.org.uk/get-involved](https://oxfam.org.uk/get-involved)







## Scope

We are a disability equality charity in England and Wales. We provide practical information and emotional support when it's most needed and campaign relentlessly to create a fairer society.

**POSITION: SHOP VOLUNTEER**

**Minimum age: 14+**

**Where it takes place:** Charity shop. We have over 170 shops in England and Wales. Find your nearest one here: [scope.org.uk/shops/shop-directory](https://scope.org.uk/shops/shop-directory)

**Brief description of the role:** You will be vital to the work of your local Scope shop, generating income and raising awareness of our work in your local community charity shop. There are lots of opportunities to develop skills in customer service, teamwork and retail operations as well as gaining experience of a large national charity.

Your role may include:

- Sorting and organising goods for sale
- Helping to display stock and window dressing
- Tidying and cleaning the shop
- Welcoming and supporting customers
- Steaming clothes so they look better for customers

You will receive an induction and training when you start and we are flexible on the times you would like to volunteer. We'd love your help for a couple of hours a week, but if you can give more time that would help us even more.

We particularly welcome applications from disabled people. Equality and inclusion are at the heart of Scope's mission. We are committed to creating a diverse and inclusive environment for all volunteers.

**CONTACT:**

Telephone number: 0203 855 0838

Email: [volunteering@scope.org.uk](mailto:volunteering@scope.org.uk)

[scope.org.uk/volunteering](https://scope.org.uk/volunteering)





## St John Ambulance

St John Ambulance are the charity that steps forward in the moments that matter, to save lives and keep communities safe. We are a market leader in the provision of first aid cover at events, ambulance services, workplace training and first aid supplies.

### **POSITION 1: CADET FIRST AIDER**

**Minimum age: 13+**

**Where it takes place: England**

**Brief description of the role:** You can become a St John Ambulance Cadet First Aider by joining as a Cadet and completing our Operational First Aider course. Alongside adult volunteers, you'll be able to put your first aid skills into practise at local and national events. For example, the London Marathon, Manchester Pride, music festivals, and sporting events.

### **POSITION 2: FUNDRAISING VOLUNTEER**

**Minimum age: 13+**

**Where it takes place: England**

**Brief description of the role:** Join our 3-month programme to learn all about St John Ambulance, the nation's leading first aid charity and host your own fundraising event, raising vital funds for St John Ambulance.

#### **CONTACT:**

Email: [DofE@sja.org.uk](mailto:DofE@sja.org.uk)

[sja.org.uk/dofe](http://sja.org.uk/dofe)



## Village by Village

We are a small charity making a big difference in the lives of children in rural Africa.

### **POSITION: HELP BUILD A SCHOOL IN GHANA**

**Minimum age: 16**

**Where it takes place: Anywhere**

**Brief description of the role:** Fundraising for a project in West Africa in advance of residential placement in Ghana.

#### **CONTACT:**

Telephone number: +441618706300/+447582222598

Email: [anna@villagebyvillage.org](mailto:anna@villagebyvillage.org)

[villagebyvillage.org.uk](http://villagebyvillage.org.uk)



**YOUTH  
WITHOUT  
LIMITS**