



EXPEDITION SUPERVISOR
TRAINING COURSE

EXPEDITION ROUTE CARD (use one per day)

Aim of expedition: A study of the impact of people on the environment										Name of DofE Group: Anytown DofE Centre	
Day of the week: Sunday		Date: 05/05/2009		Day of venture: (1 st , 2 nd etc.) 1st			Names of team members: Jo Jackson John Edwards			Address: Anytown Berkshire	
							Libby Evans Sarah Josephs				
				Paul Smith			Ed Stevens			Tel No: 01999 998877	
Leg	PLACE WITH GRID REF		General direction or bearing	Distance in km	Height climbed in m	Time allowed for journeying	Time allowed for exploring, rests or meals	Total time for leg	Estimated Time of Arrival	Setting out time: 0900	
	START Hartington Youth Hostel									Brief details of route to be followed or planned activity. (Enter full details of activity on reverse)	
(a)	(b)		(c)	(d)	(e)	(f)	(g)	(h)	(i)	(j)	
1	TO SK 129 589 Footbridge		SW	1.8		54	5	59	0959	Along road to Footpath then south past Crossland Sides and Pennilow to Footbridge	
2	TO SK 126 576 Track		SW	1.7	60	56	5	1 01	1100	Cross river twice more at footbridges then follow contours until track at Narrowdale	
3	TO SK 133 557 Lode Lane		S	2.5		1 15		1 15	1215	Continue southwards on track and footpaths until reach Lode Lane	
4	TO SK 152 564 Path Junction		ENE	2.2	100	1 16	30	1 46	1401	Follow track then descend into valley and cross river, assend other side and then get to path Junct	
5	TO SK 154 547 Green Lane		SE	2		60		60	1501	Cross onto Tissington Trail an then Cross A515 twice before taking footpath to Green Lane	
6	TO SK 143 537 River Dove		SW	1.8	-160	54	10	1 04	1605	Follow path dn past the Nabs and start descending steeply into valley to River Dove	
7	TO SK 145 518 Lovers Leap		S	2.2		1 06	5	1 09	1714	Follow river south past Tissington Spires to Lovers Leap	
8	TO SK 146 509 Campsite		SW	1.6		48	5	53	1807	Follow path over stepping stones down to road and then to campsite	
	Totals:			15.8		8 07	60	9 07		Supervisor's name, location and Tel No:	

ACTIVITY PLAN

Leg/ Activity	Task	Activity details
1	Observing Impact whilst walking	Look to see if footpath is more eroded closer to the village and the youth hostel, is there more litter
2	Observing Impact whilst walking	Check the condition of the footbridges, how many people do we see during our break
3	Observing Impact whilst walking	Check again to see if more litter and erosion nearer to the village
4	Whilst we are having lunch	See how many people are walking on the footpaths, are they in groups, do they have dogs
5	Observing Impact whilst walking	Check for litter and impact of car parking at picnic site
6	Observing Impact whilst walking	See if impact becomes worse nearer the river
7	Observing Impact whilst walking	Have footpaths had to be laid near the river, are there more people around, is there more litter, does it have to be managed
8	Observing Impact whilst walking	What impact do the stepping stones have?

Route Card – notes on completion

- For each leg involving journeying only enter route details in columns (b) to (k).
- When non-journeying activity (exploring) is planned at the break between legs, leave columns (c) to (f) blank, enter the estimated time required to complete the activity in column (g), complete columns (h) to (i), and enter brief details of the activity in column (j).
- If exploring is to be carried out during a leg, enter the route details in column (b) to (f), add the time planned for the activity to the rest and meal times in column (g), and complete columns (h) to (k). Enter brief details of the activity after the route description in column (j)
- The journeying total in column (f) must be at least half the minimum required hours of planned activity.